

Children • Youth • Teens • Adults • Seniors • Special Events

#### **Welcome to Summer 2015!**

#### An invitation to people of all abilities!

People of all abilities are encouraged to participate in the programs and services provided by the Needham Park and Recreation Commission.

Every effort is made to integrate participants with disabilities into the programs allowing for a successful recreational experience.

Please contact the Park and Recreation office for more information.

#### Have you registered for our automatic updates yet?

Notify Me is a notification system that will send you an e-mail or text message when new information is posted on the Town of Needham website, including recreation program updates, field status updates and ice depth updates!!

#### Sign up for all Park and Recreation Updates by following these steps:

- 1. Go to the Town of Needham website at www.needhamma.gov
- 2. Click on the box reading NOTIFY ME on the bottom left of the page
- 3. Enter your e-mail address (or cell phone number for text messages)
- 4. Select e-mail type, HTML or Text
- 5. Select box for RECREATION INFORMATION and/or FIELD STATUS
- 6. Click the SUBSCRIBE button

Once you are in the system, you will receive up-to-date Park and Recreation notifications right at your computer! You may sign up for any of the lists posted.



Needham Park and Recreation will be posting all updates on Facebook daily! www.facebook.com/NeedhamRecreation

#### Park & Recreation Commission

David C. DiCicco, *Chairman*Matthew M. Toolan, *Vice-Chairman*Cynthia J. Chaston
Christopher J. Gerstel
Michael J. Retzky

**Director** - Patty Carey **Assistant Director** - Robyn Fink **Administrative Specialist** - Kristen Wright

#### **Commission Office**

Public Services Administration Building 500 Dedham Avenue Needham, MA 02492

#### <u>Telephone</u>

(781) 455-7550, press 3

#### Office Hours

8:30 AM - 5:00 PM Monday - Friday

The Park and Recreation Commission typically meets the 2nd and 4th Monday of each month,

Special thanks to Adam Witham for the cover design including "Parker" - our official department mascot! (See page 20 for more information about Parker)
Adam is a local Graphic Designer and he can be contacted at adwitham@aol.com.

# **SUMMER REGISTRATION**

### **Begins**

# Wednesday, May 13, 2015 at 9:00 AM

#### Register online, in person, or by mail

Park and Recreation does **not** accept **any** registrations by phone or fax.

#### **REGISTRATION NOTES**

- See Registration Policies located on page 23.
- There are no guarantees for any method of registration, so choose the method most comfortable to you.
- Remember to put your name on the waitlist if a space is not available; no payment
  is collected for space on waitlist.
- All programs are offered to Needham residents on a first come first served basis, including students in the Needham Public Schools' METCO program.
- Scholarships may only be processed by mail or in-person.
- · Credits may be used online.

#### ONLINE REGISTRATION

#### Begins at 9:00 AM on Wednesday, May 13, 2015

- Visit www.needhamma.gov. Under 'Town Services' choose "Park and Recreation Online Registration".
- Create an online account so that information is saved, credits may be used, and information can be reviewed.
- Follow steps to register all family members, and print-out receipt at end of registration process.

#### IN PERSON REGISTRATION

Begins at 9:00 AM on Wednesday, May 13, 2015

and continues during regular office hours.

#### MAIL-IN REGISTRATION

Complete Registration Form and mail to:

Registration - Park and Recreation 500 Dedham Avenue Needham, MA 02492

Forms will be processed, in random order, <u>starting on Wednesday, May 13, 2015 at</u> **9:00 AM** and will continue during regular office hours.

#### 2015 SUMMER PROGRAM SESSION CHART

Themes below apply to: Mini-Evergreen, Kidzart, Cricketeer Adventure, Summer Playground, Kids Off Broadway, Sports Specialties, Skateboard EDU, Tennis Academy, and Outdoor Living ONLY

SESSION	DATES	THEMES OF THE WEEK	
WEEK #1*	J <b>une 29—July 2</b> (4 day week)	REC, White, and Blue!	
WEEK #2	July 6—July 10	Sports FAN-tastic!	
WEEK #3	July 13—July 17	Wacky Tacky!	
WEEK #4	July 20—July 24	Ahhh!! Monsters!	
WEEK #5	July 27—July 31	Superhero Academy!	
WEEK #6	August 3—August 7	Summer Safari!	
WEEK #7	August 10—August 14	Medieval Mischief!	
WEEK #8*	August 17—August 20 (4 day week)	Ocean Commotion!	

<sup>\*</sup>PROGRAMS WILL NOT BE HELD ON FRIDAY, JULY 3RD OR FRIDAY, AUGUST 21ST Fees are pro-rated for weeks 1 & 8.



# **SUMMER STAFF MEET & GREETS**



Come meet our team of amazing staff members that will be working with your children all summer!!

FRIDAY, JUNE 26<sup>th</sup> from 1:00pm—4:00pm: Stop by CRICKET FIELD for FREE GAMES & CRAFTS and take a look at the fun we will be having this summer!

## SUMMER PROGRAMS

#### MINI-EVERGREEN

This fun-filled and creative program provides age-appropriate activities that inspire children's imaginations! Participants will express themselves through crafts, music, dance, stories, and activities that follow our weekly themes. The highlight of each week is a Friday show where we will showcase music and crafts from the week!

Please note: AM Sessions geared towards 3 and younger 4 year olds, while PM Sessions geared towards older 4 & 5 year olds who have been previously enrolled in preschool type programming.

Age: 3—5 years old (birth certificate required for all 3, 4, and 5 year olds) Sessions: 8. 1—week sessions (Follows **Session Chart** on page 4 of this brochure)

Half Day, 9:00am-12:00pm OR 1:00pm-4:00pm Times:

Location: Mitchell School, Modular Rooms 64 & 71

28/session for a ratio of 6:1 Limit/Ratio:

On Reg. Form: List Mini-Evergreen, Week#(s) AND Time of Day (AM OR PM)

Fee: \$90 per partidipant | 1—week session

\$72 per participant for weeks 1 & 8 (4 day session) Prorated Fee:

#### **KIDZART**

Tap into your child's artistic talent and join our inventive staff creating imaginative projects in a variety of art mediums! Projects follow our weekly themes and include (but are not limited to): drawing, painting, paper mache & decoupage; plaster & clay creations; fabric art & tie dye; beading, & jewelry design; braiding, weaving, & string art! Time for stories and outdoor play also add to the fun!

Age: 4—7 years old (birth certificate required for all 4 and 5 year olds) Sessions: 8, 1—week sessions (Follows Session Chart on page 4 of this brochure)

Times: Half Day, 9:00am-12:00pm OR 1:00pm-4:00pm

Mitchell School, Modular Rooms 73 & 74 Location:

15/session for a ratio of 8:1 Limit/Ratio:

List KidzArt, Week#(s) AND Time of Day (AM OR PM) On Reg. Form:

\$90 per participant | 1—week session

Prorated Fee: \$72 per participant for weeks 1 & 8 (4 day session)

#### CRICKETEER ADVENTURE

Become a member of the "Cricketeers", and make each week of the summer an unforgettable experience! With themed arts and crafts, games, songs and activities only found at the Cricket House, special events and field trips, you'll see why everyone wants to be a Cricketeer!

Age: 5-8 years old (birth certificate required for all 5 year olds)

Sessions: 8, 1—week sessions (Follows **Session Chart** on page 4 of this brochure)

Times: Half Dav. 9:00am—12:00pm OR 1:00pm—4:00pm

Full Day, 9:00am-4:00pm

Location: Cricket Field House, Playground and Fields

Limit/Ratio: 32/session (14/Full Day & 18/Half Day) for a ratio of 7:1

On Reg. Form: List Cricketeer, Week#(s) AND Time of Day (AM OR PM OR Full Day)

Full Day: \$140 per partidipant Half Day: \$85 per partidipant | 1—week session Fee:

Prorated Fee: Full Day: \$112 per participant Half Day: \$68 per participant for weeks 1 & 8 (4 day session)

Page 4 Page 4

Fee:

# **SUMMER PROGRAMS**

#### SUMMER PLAYGROUND

Playground is a flexible, drop-in program where children can choose from a number of organized activities, led by our dynamic staff, throughout each day. Regular full or half day attendance is not required. Come for the day or just a few hours to this unique, safe, well-balanced and (of course!) FUN environment where "kids can be kids!"

**Age:** 5—10 years old (birth certificate required for all 5 year olds)

Sessions: 1, 8—week session (Follows Session Chart on page 4 of this brochure)

Times: Drop-in, between 9:00am - 4:00pm

Location: Mitchell School, Cafeteria, Gym, Playground, and Field

Limit/Ratio: No limit; Ratio varies, but rarely exceeds 10:1

On Reg. Form: List Playground, AND Season Pass OR 5 one-day passes

Needham Resident Fees:

 Individual Season Pass
 \$175

 Family Rate (3+ children) Season Passes
 \$425

 5 One-Day Passes
 \$85

Non-Resident Fees:

Individual Season Pass \$250
Family Rate (3+ children) Season Passes \$625

5 One-Day Passes \$115

#### KIDS OFF BROADWAY

Theater is...improvisational training, character development, props, set design, costume creation, writing & on stage performance. Participants will use their imaginations to create memorable, scripted performances based on famous children's books. With the theatrical direction of their thespian staff members, each Friday participants will transform into stage actors, showcasing their self expression and creativity in a live performance for family and friends to enjoy!

Age: 7—12 years old

Sessions: 8, 1—week sessions (Follows Session Chart on page 4 of this brochure)

Times: Full Day, 9:00am - 4:00pm

Location: Broadmeadow Elementary School, Performance Center and Music Classroom

Limit/Ratio: 20/session (minimum of 8) for a ratio of 7:1
On Reg. Form: List Kids Off Broadway, AND Week #(s)
Fee: \$140 per participant | 1-week sessions

Prorated Fee: \$112 per participant for weeks 1 & 8 (4 day session)

#### SPORTS SPECIALTIES

Lace up your sneakers and come learn the fundamentals of an array of sports and games with spirited counselors who love playing sports as much as you! Learn teamwork, sportsmanship, athletic skills, new games, and social interaction in a fun, non-competitive environment. For boys and girls, beginners to advanced athletes. Equipment provided.

Age: 7—13 years old

Sessions: 8, 1—week sessions (Follows Session Chart on page 4 of this brochure)

**Time: Full Day,** 9:00am - 4:00pm

Location: Broadmeadow Elementary School, Gym and Cafeteria

**Limit/Ratio**: 40/session for a ratio of 8:1

Weekly Event: Swimming on Wednesday afternoons at Rosemary Pool

On Reg. Form: List Sport Specialties, AND Week #(s)
Fee: \$140 per participant | 1—week session

Prorated Fee: \$112 per participant for weeks 1 & 8 (4 day session)

# **SUMMER PROGRAMS**

#### SKATEBOARD EDU

Grab your board and pads and join us for a week of skateboarding! Come learn how to push, carve, kick turn, and board grab. This class is perfect for those just starting out and those who want to improve their skills! Participants must supply their own board, pads, and helmet.

Age: 8—11 years old

Sessions: See Sessions Below (Follows Session Chart on page 4 of this brochure)

2. Monday, July 6—Friday, July 10 4. Monday, July 20—Friday, July 24 5. Monday, July 27—Friday, July 31

Times: Half Day, 9:00am - 12:00pm

Location: Pollard Middle School Outdoor Courts
Limit/Ratio: 16/session for a ratio of 8:1

On Reg. Form: List Skateboard EDU AND Week #(s)
Fee: \$80 per participant | 1—week session

#### **TENNIS ACADEMY**

Whether you're new to tennis or have some experience, Tennis Academy will teach and improve skills and elevate your game in a fun, positive environment. Instructors will work to enable participants to progress at their own pace, develop and improve strokes an acquire basic skills and enthusiasm for the game of tennis. Participants must provide their own racquet.

After a morning of tennis and lunch break, participants will take a short walk and cool off during daily recreation swimming at Rosemary Pool. After swimming each day, mini-matches will be held. Half day participants will be picked up after the tennis lesson and before the trip to Rosemary Pool.

Age: 8—13 years old

Sessions: 7, 1—week sessions (Follows Session Chart on page 4 of this brochure)

\* Weeks 1—7 only\*
Half Day, 9:00am - 12:00pm

Times: Half Day, 9:00am - 12:00pm Full Day, 9:00am - 4:00pm

Locations: Newman Elementary School Tennis Courts (Week 1)
Needham High School Tennis Courts (Weeks 2—7)

Limit/Ratio: 25/session for a ratio of 4:1

On Reg. Form: List Tennis Academy, Week #(s) AND Time of Day (Half Day or Full Day)

Fee: Full Day: \$240 per participant Half Day: \$135 per participant | 1—week session

Prorated Fee: Full Day: \$192 per participant Half Day: \$108 per participant for week 1 (4 day session)

#### **OUTDOOR LIVING**

In this active, nature based program, participants can look forward to adventure, fun, and learning! Enjoy outdoor games and crafts and help preserve wildlife as part of our "Teen Trail Crew". Exciting day activities will challenge our pre-teen and teenage participants to establish survival skills such as hiking, fishing, archery, and canoeing.

Age: 8—13 years old

Sessions: 8, 1—week sessions (Follows Session Chart on page 4 of this brochure)

Times: Half Day, 8:45am—11:45am <u>OR</u> 12:45pm—3:45pm

Full Day, 8:45am - 3:45pm Ridge Hill Reservation

Limit/Ratio: Ridge Hill Reservation 40/session for a ratio of 10:1

Weekly Event: Swimming on Tuesday afternoons at Rosemary Pool

On Reg. Form: List Outdoor Living, AND Week #(s), AND Time of Day (AM OR PM OR Full Day)

Fee: Full Day: \$140 per partidpant Half Day: \$85 per partidpant | 1—week session

Prorated Fee: Full Day: \$112 per partidipant Half Day: \$68 per partidipant for weeks 1 & 8 (4 day session)

# YOUTH PROGRAMS

# BUDDING ENGINEERS

Even the littlest hands will enjoy this engineering class because it is specially designed for them! Every day will have a different building tool to work with, and kids will be a part of a real hands-on experience that will have them leaving with BIG smiles and happy memories!

Age: 3—5 year olds (birth certificate required for all 3, 4, and 5 year olds)

Dates: Monday, July 20—Thursday, July 23

Time: 11:00am—12:00pm

 Location:
 Mitchell School, Modular Room 81

 Limit:
 10 partidipants (minimum of 7)

On Reg. Form: List Budding Engineers

Fee: \$95 per child | 4—day session

# COOKS & BOOKS

Food and art all rolled into one! With fun-to-make recipes from healthy snacks to tasty treats, kids will turn everyday foods into fun edible treats that go along with the book chosen for each class. Please note on registration form if your child has any food allergies.

Age: 3—5 year olds (birth certificate required for all 3, 4, and 5 year olds)

Dates: Monday, July 20—Thursday, July 23

**Time:** 9:30am—10:30am

 Location:
 Mitchell School, Modular Room 81

 Limit:
 10 partidipants (minimum of 7)

On Reg. Form: List Cooks & Books

Fee: \$95 per child | 4—day session

# FUTURE SCIENTISTS

Exploration, discovery and wonder await your imagination in this science class. Activities are all hands-on and most experiments you will be able to take home to show your family and friends! Experiments may include: Slime, Color Mixing Magic, Building & Erupting a Volcano, and more!

Age: 3—5 year olds (birth certificate required for all 3, 4, and 5 year olds)

Days: Monday, July 27—Thursday, July 30

Times: 11:00am—12:00pm

Location: Mitchell School, Modular Room 81
Limit/Ratio: 10 participants (minimum of 7)

On Reg. Form: List Future Scientists

Fee: \$95 per child | 4—day session

#### JUNIOR GOLF LESSONS

Come learn the fundamental skills of putting, chipping and pitching, along with etiquette and rules of the game of golf with Needham Golf Club's PGA professional instructor! Participants will also have an on-course playing opportunity during their last class allowing them to test all the skills they have learned.

Age: 10-15 years old

 Dates:
 Tuesdays: July 7 - August 4

 Time:
 9:00am—10:00am

 Location:
 Needham Golf Club

**Limit/Ratio:** 12 participants (minimum of 6)

On Reg. Form: List Junior Golf Lessons

Fee: \$100 per participant | 5—week session

# YOUTH PROGRAMS

#### **ARCHERY LESSONS**

Try out the traditional recurve archery as seen in the Olympics! Relax as you aim for your target and feel the thrill of success when your patience and concentration pay off. Learn the fundamentals and put your skills to the test against friends, family, and neighbors in mini-competitions and archery games! All equipment is provided. Class is led by two certified USA Archery and National Field Archery Association (NFAA) instructors.

Age: 8 years old and up

Dates: Monday, July 27—Thursday, July 30

 Time:
 11:00am—12:00pm

 Location:
 Claxton Field, Quarry Area

 Limit:
 16 partidipents (minimum of 10)

On Reg. Form: List Archery Lessons

Fee: \$100 per participant | 4—day session

#### **QUICKSTART TENNIS LESSONS**

Join us for an exciting play format designed to introduce children to tennis by utilizing special balls and a smaller sized court. Participants must provide their own racquet.

Age: 5—7 years old (birth certificate required for all 5 year olds)

Sessions & Times: See Chart Below \*No program on Fridays\*
Location: Pollard Middle School Outdoor Courts

Limit/Ratio: 10/session for a ratio of 5:1

On Reg. Form: List Quickstart Tennis, Session Letter(s), AND Time

Fee: \$48 per partidpant | 4-day session

AM LESSONS PM LESSONS

mes: 9:00am—10:00am Times: 4:30pm—5:30pm 10:00am—11:00am 5:30pm—6:30pm

Sessions: 1. Monday, June 29—Thursday, July 2 Sessions: 1. Monday, June 29—Thursday, July 2

Monday, July 13—Thursday, July 16
 Monday, July 6—Thursday, July 9
 Monday, August 3—Thursday, August 6
 Monday, July 13—Thursday, July 16

4. Monday, July 20—Thursday, July 23 5. Monday, July 27—Thursday, July 30

6. Monday, August 3—Thursday, August 6

# NETS FOR TEENS

Non-Elimination Tournaments (NETs) offer players the opportunity to compete against teens and improve their skills. Partners will be assigned and round-robins will be played for 6—weeks promoting friendship and fun! Play is on full courts using yellow balls. Players should be able to serve, score (no-ad), and rally. Participants must provide their own racquet.

Age: 13-17 years old

Sessions: Girls—Wednesdays: July 1—August 5

Boys—Thursdays: July 2—August 6

**Times:** 6:30pm—8:30pm

Location: Newman Elementary School Tennis Courts

Limit: 16/session (minimum of 8)
On Reg. Form: List NETs AND Session

Fee: \$35/participant with a Tennis Badge

\$65/participant without a Tennis Badge (participant will be given a badge)

Page 8 Page 8

# YOUTH PROGRAMS

# GAMEBUILDER VIDEO GAME CREATION NEW!



Active Learning Services' video game creation programs use a custom designed curriculum that provides attendees to use their creativity as they learn to program a video game using step-by-step instructions while learning about the history of game designing, design concepts, game styles and more! Beginners are welcome!

8-16 years old Age: Sessions: See Chart Below

Times: Half Day, 9:00am-12:00pm OR 1:00pm-4:00pm

Full Day, 9:00am-4:00pm

Mitchell Elementary School, Modular Unit 81 Location:

Limit: 25/session

On Reg. Form: List GameBuilder, Session #(s), AND Time of Day (AM or PM or Full Day)

Full Day: \$450 per participant Half Day: \$290 per participant | 1—week session Fee:

#### A. Monday, July 6-Friday, July 10

#### AM Session: Arcade Style

The Arcade course is a program where the game that is created has actions for each level all on one screen similar to Centipede, Asteroids, or Pac Man. The main character (which the participant creates) can be anything. Other characters (opponents) peruse the main character from off the screen or move about the screen. The created character dodges the attacks of the opponents while scoring points for picking up objects and destroying those objects of their opponents. Participants are provided endless options and create level after level for a full week of fun.

#### PM Session: Go-Kart Style

Participants will create something similar to a Mario Go-Kart style game. They begin by designing their own world. Worlds can have mountains, valleys, lakes, hill, etc. or they can be a design unlike anything you have seen before-it's totally up to the participant. Next they place characters into the world and program them to move about, interfacing with other characters, even talking, and using scripts written for the character. Participants can program characters to pick up objects, engage opponents, and overcome villains. Whether it is collecting enough diamonds before time expires, navigating through the challenging obstacle course, or racing against friends, they are sure to have fun!

#### B. Monday, August 3— Friday, August 7

#### AM Session: Platform Style

In this program, the participant will build a game described as a "platform" game like Sonic or Mario. Participants have a blast as their characters do the impossible, overcome obstacles and opponents, and then conquer the Big Boss. The character progresses along a long path (like a journey) with the background scrolling behind it and opponents, prizes, and obstacles are encountered as they move along their trek. Lessons on the basics of design history and concepts will be addressed similar to the Arcade style course, but the program diverges and other developmental techniques are taught in order build this Platform game.

#### PM Session: Adventure Style

In this program, the participant will have the option of learning how to program using a Microsoft Xbox controller! Participants will create their own cool custom world and navigate throughout it. Within this world, participants will create tasks that need to be completed in order to progress to the next level. Some of those tasks include escaping a sewer maze, survival mode, outwitting rivals, creating decoys and collecting bonus items all while having fun and using their creativity. The use of an Xbox controller is optional and supplied by the participant.

# YOUTH PROGRAMS

#### **KIDS NIGHT OUT**

Give yourself the night off and treat your child to a supervised night out of fun and interactive games, unique craft projects, a pizza dinner, dessert AND a full length children's film! (PJ's and sleeping bags are welcome but not required!)

3-10 years old (birth certificate required for all 3, 4, and 5 year olds) Age:

Time: 5:30pm-9:00pm

Location: Public Services Administration Building Limit: 35 partidipants (minimum of 12) List Kids Night Out AND Date(s) On Reg. Form:

\$16 per partidipant Fee:

#### Dates:

#### Tuesday, July 7 - Big Hero 6 (PG)

The special bond that develops between plus-sized inflatable robot Baymax, and prodigy Hiro Hamada, who team up with a group of friends to form a band of high-tech heroes.



Tuesday, August 4 - Penquins of Madagascar (PG) Skipper, Kowalski, Rico and Private join forces with undercover organization The North Wind to stop the villainous Dr. Octavius Brine from destroying the world as we know it.





#### SUMMER VOLUNTEER PROGRAM

Youth ages 11 and up are welcome to volunteer at the Park and Recreation Summer Programs and Swim Lessons at Rosemary Pool!

#### Volunteer information booklets are now available!

Booklets can be picked up at the Park and Recreation Office (500 Dedham Avenue)

Downloaded and printed by visiting www.needhamma.gov/parkandrecreation and selecting the "Volunteer" option in the left-hand menu.

#### REGISTRATION ENDS FRIDAY, MAY 29th at 5pm

Over 200 youth participate in the volunteer program in 2014, providing almost 5,000 hours of service!! Give back to your community, learn something new, meet new friends, gain experience working with children, and discover something about yourself...

#### VOLUNTEER!!

Page 10 Page 10

# PROGRAM REGISTRATION FORM OR Register online instead at www.activityreg.com, just click MA, then Needham Park and Recreation!



\*\* SEE REGISTRATION POLICIES ON PAGE 18 OF BROCHURE \*\*

YOUR NAME:	PLEASE	PLEASE PRINT CLEARLY, IN <u>BLUE</u> OR <u>BLACK INK</u> Î	LUE OR BLACK INK	DATE:	,	
	LAST		FIRST			
ADDRESS:	NUMBER AND STREET		1	TOWN	STATE/ZIP	
HOME PHONE: ( )	WORK PHONE: (	ONE:( )		CELL PHONE: (		
E-MAIL ADDRESS:			(INCLUDINGYOL	IR EMAIL IS VERY HELPFUL IN CA	(INCLUDINGYOUR EMAIL IS VERY HE PPUL IN OSEOF PROGRAM CANCELATIONS OR CHANGES.)	OR CHANGES.)
EMERGENCY CONTACT:				PHONE: (	•	5 3
	FULL	FULL NAME AND RELATION				
	<u>.</u>	PROGRAM CHOICES	HOICES			
PARTICIPANT'S NAME (first and last name)	PROGRAM NAME	SESSION / WEEK	TIME / DAY	LEVEL (if applicable)	DATE OF BIRTH (required)	35
					/ /	
Allergies / Medical Concerns:						
					/ /	
Anergres / medical concerns:					/ /	
Allergies / Medical Concems;						
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Allergies / Medical Concems:						
					/ /	
Allergies / Medical Concerns:					18611	
			Donation to trust fi	Donation to trust fund for parks (optional)	\$	
Please note:	Please note: For <u>all</u> programs, participants $\overline{must}$ be appropriate age by the first day of the program / session.	must be appropriate	age by the first day of	fthe program / session.	TOTAL FEE\$	
if your child is 5 Yes	5 years old or younger, is their birth certificate registered at the Park & Recreation Office?  No, but will be within 3 days (Remember, registrations are not complete without a registered birth certificate!)	s their birth certif in 3 days (Rememb	<b>icate registered</b> er, registrations are n	<b>at the Park &amp; Recre</b> ot complete without a re	<b>ation Office?</b> gistered birth certificate!)	
	(THIS AREA FOR MAILED REGISTRATIONS ONLY!) Payment must accompany completed, malled-in registration form in order to be processed.	R <u>MAILED RE</u> mpleted, malled-in re	GISTRATION gistration form in orc	VS ONLY!)  der to be processed.		
Method of Payment: Check - Make payable to TOWN Cash or Money Order Credit Card Number:  Credit Card Number:  Expiration Date:  Cardholder's Signature:	to TOWN OF NEEDHAM - Park & Recreation ircle one) VISA MasterCard I	AM - Park & Recr MasterCard	ark & Recreation  AsterCard Discover  CVC Code: (on back of card)  CVC Code: (on back of card)		MAIL TO: Registration Park & Recreation 500 Dedham Avenue Needham, MA 02492 We do NOT accept fax registrations.	n iue 192 pt

## ADULT PROGRAMS

#### **ADULT TENNIS LESSONS**

Want to learn the game of tennis or looking to improve you game? Our instructors will cover skill evaluation, forehand, backhand, serve, volley, and strategy.

Beginner Level is for adults with no prior experience. Advanced Beginner Level is for adults with some experience who understand the fundamentals but want to improve.

17 years and older Age:

Dates: Tuesdays: July 7—August 4

6:00pm-7:00pm Times: Beginner Level

7:00pm-8:00pm Advanced Beginner Level

Needham High School Tennis Courts Location:

Limit: 5/session

On Reg. Form: List Adult Tennis Lessons AND Time/Level \$75 per partidipant | 5—week session

#### **ADULT DOUBLES TENNIS LEAGUE**

Grab a doubles partner (Mens, Womens, or Mixed) and join in the competitive fun of a town-wide recreational doubles league. We'll tell you your opponent each week: you arrange the day, time and location to play! This 10 week league is appropriate for Intermediate and Advanced tennis players with a NTRP of 3.0 or above.

18 years and older Age: Dates: June 22 - August 28

16 men, 16 women, 16 mixed (minimum 12 per category) Limit:

On Reg. Form: List Adult Tennis League, Category (Mens OR Womens OR Mixed) AND Partners Name

With a Tennis Badge: \$55 per participant OR \$110 per team Fee: Without a Tennis Badge: \$85 per partidipant OR \$170 per team

(Participants will be given a badge)

#### **NEEDHAM TENNIS BADGES**

went on sale MONDAY, MARCH 2, 2015

INDIVIDUAL RATE: \$30 Badges are required for <u>all</u> public court use at Mills Field, Newman School

and Needham High School Tennis Courts March - October each year. \$45 **FAMILY RATE:** 

Badges are available to Needham residents ages 8 and up. Badges can be SENIOR RATE: \$15 purchase by mail or at the Park and Recreation Office.

Please visit www.needhamma.gov/parkandrecreation for details on how you can purchase your 2015

badgesl

#### **ADULT GOLF LESSONS**

Let this be the summer you learn the game of golf or work on improving your fundamental skills! Needham Golf Club's PGA professional instructor welcomes both beginner and intermediate adult players.

Age: 17 years and older

Tuesdays: July 7—August 4 OR Dates:

Wednesdays: July 8-August 5

5:30pm-6:30pm Times: Beginner Level 6:30pm-7:30pm Intermediate Level

Location: Needham Golf Club 7/session (minimum of 4) Limit:

List Adult Golf Lessons, Day of Week (Tuesday or Wednesday), AND Time/Level On Reg. Form:

\$110 per participant | 5—week session Fee:

# SENIOR PROGRAMS

#### SENIOR GOLF LEAGUE

#### \*REGISTRATION FOR NEEDHAM RESIDENTS ONLY\*

This league is for men and women, age 50 and older, and is held at the Needham Golf Club on Tuesday mornings. Previous experience is necessary with a 9 hold score of 72 or less. After eight weeks of play, additional rounds can be purchased for \$28 per round payable at the Park and Recreation Office.

50 years and older Age:

Dates: Tuesdays: August 4—October 6

Times: First group tees off at 9:00am, last group tees off by 11:00am

Needham Golf Club Location:

64/session Limit:

On Reg. Form: List Senior Golf League AND average score for 9 holes

\$244 per participant | 10-week session Fee:

> Unable to commit to playing each week? Sign up as a substitute! Substitute list taken at Park and Recreation office prior to the start of the season.

#### SENIOR EXERCISE

Join Arlene as she leads toning, stretching, strengthening, coordination, stabilization and abdominal exercises in this fun and exciting class designed for men and women ages 50 and older!

Age: 50 years and older

Sessions: 1. Wednesdays: June 3-July 29 2. Wednesdays: August 5-September 30

Time: 10:30am-11:30am

The Center at the Heights Location:

25 partidipants Limit:

On Reg. Form: List Senior Exercise AND Session # (s)

Fee: \$25 per participant per session | 9—week session

#### NEEDHAM GOLF CLUB PUBLIC HOURS

The Needham Golf Club has public golf hours for Needham residents.

Please visit http://www.needhamgolfclub.com/residents-guide.html to view the Resident Guide or call the Club at 781-444-5548.

SUNDAYS AND MONDAYS

3:00 PM - Closing

TUESDAYS 8:00 AM - Closing

Page 14 Page 14

# **ROSEMARY POOL BADGES**

ARTERIOR DE MILITARE ELE DE SANTE ATRACTO DE LA MARTINE DE		100100000 1000000
2015 SEASON RATES IN EFFECT from MAY 26 to AUGUST 28	NEEDHAM RESIDENTS	NON- RESIDENTS
INDIVIDUAL SEASON PASS (ages 2+)	\$110.00	\$160.00
FAMILY SEASON PASS—Nannies, caregivers, and long-term visiting relatives may be included on a family pass for an additional \$50/person	\$215.00	\$310.00
SENIOR CITIZEN SEASON PASS (ages 60+)	\$55.00	\$80.00
DAILY ADMISSION—Individual	\$6.00	\$8.00
DAILY ADMISSION—Individual after 6PM	\$3.00	\$3.00
DAILY ADMISSION—Senior	\$3.00	\$4.00
DAILY ADMISSION—Senior after 6PM	\$1.50	\$1.50
GUEST PASS SHEETS (10 PASSES)	\$50.00	\$70.00

#### **SEASON BADGE EARLY BIRD RATES**

(Needham Residents ONLY)

Available NOW until 5:00PM May 22<sup>nd</sup>!!

Purchase at the Park and Recreation Office OR by mail.

Early Bird Rates apply only to mail postmarked no later than the  $22^{nd}$  of May.

INDIVIDUAL—\$90 FAMILY—\$180 \$SENIOR—\$45

SEASON: JUNE 22—AUGUST 28, 2015

BY MAIL:

FACILITY: 300' x 70' "pool within a lake", bathhouse, small beach area, parking lot,

concession, playground/small picnic area, diving board, and lap lanes.

Pool is accessible to persons with disabilities.

HOURS: Open to the public 7 days a week from 12:30pm—7:45pm\*

August 24—August 28 will be open to the public from 12:30pm—5:30pm\*

\*Hours may change due to insufficient staffing.

PURCHASE Provide information for only those that you would like a Pool Badge for; include

the first and last name of all family members, ages of children.

address, phone number, emergency phone number, email address, and

voting precinct. MAIL TO: POOL PASSES—Park & Recreation

500 Dedham Avenue, Needham, MA 02492

PAYMENT: Checks made payable to 'Town of Needham — Park and Recreation'

Credit Cards accepted: Mastercard, Visa, and Discover. Include card number,

expiration date, CVC code (on back of card), and an authorized signature.

QUESTIONS: Please call the Park and Recreation Office at (781) 455-7550, press 3 OR visit

us at 500 Dedham Avenue (Public Service Administration Building—PSAB).

# **ROSEMARY POOL PROGRAMS**

#### **LEARN TO SWIM**

The Learn-to-Swim program is designed for preschoolers, ages 3-4, all the way up to adults. Students progress through the levels at their own pace, mastering the skills in one level before advancing to the next. Participants will advance to the next level during a session if they have the ability and maturity to move ahead. Often, more than one session is needed to move to the next level. Each level of our Learn-to-Swim class includes training in basic water safety and helping others in an emergency, in addition to stroke development. Four sessions of swim lessons are offered throughout the summer. Each session is two weeks in length for a total of 10 classes. Classes for preschoolers and adaptive lessons are 30 minutes each, and Levels 1—6 are 40 minutes each. All classes are taught using the Red Cross Learn-to-Swim curriculum and are overseen by a Water Safety Instructor. Classes are rain or shine unless it is announced otherwise.

Age:	3 years and older (birth certificate required for all 3, 4, and 5 year olds)	

Sessions:	Session	Dates	Registration BEGINS at 9am	Registration ENDS at 12pm
	1	June 29 – July 10	Wednesday, June 17	Tuesday, June 30
	2	July 13 – July 24	Wednesday, June 17	Tuesday, July14
	3	July 27 – August 7	Wednesday, July 15	Tuesday, July 28
	4	August 10 – August 21	Wednesday, July 15	Tuesday, August 11

Time: Classes will be held between 9:00am and 12:00pm.

**Schedule:** Swim level offerings and times of lessons will be listed online and available a the Park and Recreation Office stating two weeks prior to the start of each registration.

Levels: Preschool Level: Children ages 3 and 4—swim skills are taught through play.

For Ages 5 and up

Level 1: Introduction to Water Skills—helps participants feel comfortable in the water and to enjoy the water safely

Level 2: Fundamental Aquatic Skills—gives participants success with fundamental

skills
Level 3: Stroke Development—builds on the skills in level 2 by providing additional

guided practice

Level 4: Stroke Improvement—develops confidence in the strokes learned and improves other aquatic skills

Level 5: Stroke Refinement—provides further coordination and refinement of

Level 6: Swimming and Skill Proficiency—refines the stroke so swimmers can swim

with ease, efficiency, power, and smoothness over greater distances

On Reg. Form: List Swim Lessons, Session # (s), Time, AND Level

**\$40** per participant with a current season pool badge | 2—week, 10 class session **\$70** per participant without a current season pool badge | 2—week, 10 class session

\*Non-residents may register the Wednesday before the session begins if space is available.

Page 16 Page 16

Fees:

# **ROSEMARY POOL PROGRAMS**

#### **ADAPTIVE AQUATICS**

Individual lessons for swimmers with challenges who are not able to learn in a group setting, are offered in the afternoons on weekdays. The Assistant Pool Supervisor of Instructors will work with the parent to schedule 10, 30 minute lessons.

Age: 3 years and older (birth certificate required for all 3, 4, and 5 year olds)

On Reg. Form: List Adaptive Aquatics
Fee: \$40 per participant wit

\$40 per participant with a season pool badge | 10 dass session \$70 per participant without a season pool badge | 10 dass session

#### INDIVIDUAL SWIM LESSONS

Private lessons are available for beginners who are hesitant to enter the water to experienced swimmers looking for stroke improvement. Private lessons are tailored to each participant's skill level. Each lesson is 30 minutes in length, and all swim lessons are overseen by a Water Safety Instructor.

Age: 3 years and older (birth certificate required for all 3, 4, and 5 year olds)

 Days:
 Tuesdays and Thursdays: June 30—August 20

 Times:
 3:00pm—3:30pm OR 3:30pm—4:00pm

\*First come first serve

**Location:** Rosemary Pool Complex

On Reg. Form: List Individual Lesson, Date (include the day of week), AND Time

Fee: \$20 per participant with a season pool badge | 1 class \$25 per participant without a season pool badge | 1 class

#### Want to work at Rosemary Pool next summer? PLAN AHEAD!!

American Red Cross certified Lifeguard and Water Safety Instructor trainings are offered at a variety of locations in and around Needham each year! Check the American Red Cross website for program availability at <u>www.redcross.org</u>.





#### Looking for a way to stay active and healthy this summer?

Whether you've swam competitively before or not, the Needham Sharks could be for you! No one will feel like they're 'over their head', so come 'dive in' to the recreational summer team for Needham residents ages 6—18 and all are welcome!

The Season begins Wednesday, June 24th and ends on Saturday, August 8th (6—week session).

**Practices** are everyday from 9:30am—11:00am and **meets** are on Tuesdays and/or Thursdays evening: 5:30pm (home) or 6:00pm (away). **Meet dates** are (H—Home, A—Away): 7/2 (A), 7/7 (H), 7/9 (A), 7/14 (H), 7/16 (A), 7/21 (H), 7/23 (H), 7/28 (A), 7/30 (H), 8/4 (H), and 8/6 (A). **Regional Championships** will be on Saturday, August 1 and Saturday, August 8. Practices and home meets take place at Rosemary Pool Complex.

- Fees are: \$175 for a one swimmer family, \$250 for a two swimmer family, and \$300 for a 3+ swimmer family
- Register online at www.needhamsharks.org (registration requires proof of residency and Rosemary Pool Pass). Contact needhamsharks@gmail.org for more information or questions.
- Registration checks made out to 'Needham Swim Association' for the Needham Sharks summer team can be sent to: 6 Elmwood Road, Needham, MA 02492.
- Rosemary Pool Badges are purchase through Park and Recreation. See page 16 for more information.

# FRIDAY FAMILY FUN NIGHTS

Special events for the whole family on **seven** summer Friday nights at Rosemary Pool! Events are free to those with a season or daily pass and begin at 6:00PM.

July 10 SHARKS!!

What's that lurking in the water?!? It's the Needham Sharks! Join us for a fun night sponsored by the Needham Sharks Swim Team.

July 17 Circus Smircus!

Come enjoy the circus craziness at Rosemary! Have your face painted, dunk your favorite lifeguard, and play some fun carnival games!

July 24 AHHHHH! Monsters!!

Monsters have invaded Rosemary Pool and we need your help! Help the lifequards battle the monsters and save the day!

July 31 Superhero Academy!

Dress as your favorite superhero and help the lifeguards fight off the bad guys! We'll sharpen our super powers and put them to the test!

August 7 Summer Safari!

Lions and tigers and bears oh my! Come take a surfin' safari with the Rosemary safari quides (lifequards)!

August 14 ARRRRGGGGHHH! Pirates!

Ahoy matey! Pirates have taken over Rosemary Pool—will you find the hidden treasure or have to walk the plank?!

August 21 Back to School Bash!

Time to dust off your brain and get ready to head back to school! Join us for some crazy science experiments around the pool!

\*During this family fun night we are asking families to bring school supplies to be donated to children in need.

#### **Help the Community!**



Bring a food donation to each Family Fun Night to benefit the Needham Community Council Food Pantry.

Suggested donations include: soup; pasta; rice; macaroni and cheese; canned tuna, salmon & chicken; fruit juices; crackers; condiments & dressings; canned fruits & vegetables.

#### **DEEP WATER TEST INFORMATION**

In order to swim beyond the lifeline, all children under the age of 18 must pass the Deep Water Test *each season*.

The test is given during the rest periods prior to 5:45pm and is meant to display strength and stamina, not beauty of stroke. Supervisors may alter times as conditions dictate and will make exceptions to times when proper amount of staff is on duty.

The test consists of strong performance in the following:

- 1. Jump into deep water
- 2. Tread water for 30 seconds
- 3. Float on back for 30 seconds
- 4. Swim 45 yards with strong over arm stroke, breathing, and kicking

Page 18 Page 18

# **GENERAL INFORMATION**

#### **HAVE YOU MET PARKER** the Park and Recreation Bear?

Parker, the happy bear gracing the cover of this brochure, is the official Needham Park & Recreation Department mascot!! Parker lives at our office most of the time but has loads of fun visiting our programs and can't wait to get a little sun at Rosemary Pool this summer! You can follow all of Parker's adventures on Park & Recreation's official Facebook page! Share pictures of your summer fun with Parker by sending them to kwright@needhamma.gov and they will be shared on our page!





#### ARE YOU GOING ON A FUN TRIP THIS SUMMER? TAKE PARKER WITH YOU!

Parker is a great travel companion and loves to see the world! Contact the Park and Recreation office if you are interested in bringing Parker along and share with us all the fun you had! Email Kristen Wright at kwright@needhamma.gov for Parker's current travel schedule!



Parker visiting relatives in London



Parker at the Blarney Stone in Ireland



## THE NEEDHAM EXCHANGE CLUB CELEBRATES THE 4<sup>TH</sup>!

Festivities begin at 5:00pm on Friday, July 3rd, with food and entertainment followed by the fireworks display at dark. The Celebration continues on Saturday, July 4th, beginning at 9:00am with the raising of our nation's flag in the Town Common followed by the Grand Parade with a craft fair and flea market, athletic events, food, and entertainment after the parade at Memorial Park.

#### All Events Sponsored by the Needham Exchange Club.

Please call 781-444-3924 or visit www.needhamexchangeclub.org for more detailed holiday activity information!

# **GENERAL INFORMATION**

#### NEEDHAM PARKS, PLAYGROUNDS & ATHLETIC FIELDS

Needham is experiencing an overwhelming number of requests for field space for many youth and adult sports, with many parks seeing an increase in the number of people, cars, and trash. In order to keep our children and parks safe, we ask that everyone visiting a Needham park or field follow these guidelines:

- Pick up and dispose of trash properly. Trash attracts bees and wild animals.
- Trash is picked up by truck so barrels need to be located at entrances. If barrels are full, please remove your trash from the site. Some school sites do not have barrels due to the number of students with allergies to bees.
- Report any unsafe field conditions immediately to a league supervisor or the Park and Recreation Department.
- Park in designated areas. If parking on the street is necessary, park in a manner that will allow emergency vehicles to access the fields and neighboring homes. Parking in fire lanes, in crosswalks, and in front of fire hydrants is illegal and unsafe!
- Be considerate of all park neighbors, leaving enough room for access to driveways, and do not park on their lawns.

#### MEDICAL INFORMATION

The Park and Recreation Summer Staff are trained to administer Epi-Pen medication to participants with allergies and monitor use of *Inhalers* for those with asthma.

No other medication will be given by staff.

Parents must complete an information sheet and permission form in order to leave Epi-Pens and/or Inhalers at programs. Please visit the Park and Recreation website to download a Medical Information Packet OR call the office to be sent a copy in the mail.

Be sure to include ALL allergy AND medical concerns on your Registration Form!

# MA Department of Conservation and Recreation: 2015 ParksPass Program!!

The Needham Park and Recreation Commission is continuing our annual partnership with the Massachusetts Department of Conservation and Recreation (DCR). The program allows

Residents to borrow the 2015 ParksPass to visit over 50 state parks throughout Massachusetts, Cape Cod, and the Islands.

The Parks Pass provides unlimited day-use parking for one vehicle at any of the facilities in the Massachusetts state parks system that charge a day use parking fee.



Please call (781)455-7550 ext. 3 for more information about reserving the Parks Pass from our department. For more detailed information about the DCR's wonderful state park locations, facilities and programs, please visit: www.mass.gov/dcr

Page 20

# GENERAL INFORMATION

#### **NEEDHAM SPORTS ORGANIZATIONS**

ALL Youth Sports Organizations in Needham are non-profit, volunteer-run organizations providing sports playing opportunities for Needham youth.

For more detailed information on each program and program contact information, pick up a **2015** Needham Youth Sports Organization Brochure at the Park and Recreation Office OR visit our website at www.needhamma.gov/parkandrecreation and select "Sports Contacts" from the left hand side of the page.

#### **HOW TO RESERVE A FIELD OR PLAYGROUND/TOT-LOT**

Call or stop by the office. If the date chosen is available, a permit will be given, which must be signed. A fee is charged for some field uses. Individuals may use the tot-lots at all times, but large groups should reserve space to avoid conflicts with other groups.

#### LOCATIONS INCLUDE:

Broadmeadow—Broadmeadow Road Claxton—Central Avenue Cricket—Hillside Avenue

DeFazio—Dedham Avenue Greene's—Pickering Street
Hillside—Glen Gary Road Mills—Hampton Avenue Mitchell—Brookline Street

Newman—Central Avenue Perry—Beaufort Avenue Riverside—Riverside Street

#### PLEASE NOTE:

- Bathrooms are available at DeFazio and Claxton.
- · Greene's Field Playground can not be permitted.
- School playgrounds are not available during school hours.

#### SPORTS KIT RENTAL

Two Sports Kits are available for residents to use from the Park & Recreation Office.

#### PLEASE CALL THE OFFICE IN ADVANCE TO RESERVE A KIT!

Items can be rented on an individual basis, with the entire kit costing no more than \$20!

<u>Kits can include:</u> volleyball, badminton, croquet, horseshoes, whiffle ball set, bocce, kick-balls, bases, cones, pinnies, jump ropes, three-legged race ties, grain sacks (for sack races), and frisbees.

#### LOST AND FOUND

Please call (781) 455—7550, press 3 if you've lost an article at a Park & Recreation park. Found items should be dropped off at the Park & Recreation Office.

# **REGISTRATION POLICIES**

#### **REGISTRATION LIMITS**

Registration limits are set to comply with building code regulations as well as staff/participant ratios. See individual program descriptions for specific limits. The Commission reserves the right to cancel classes when registration numbers are low.

#### AGE REQUIREMENT OF PARTICIPANTS/BIRTH CERTIFICATES

All participants <u>MUST</u> be noted age by <u>first day</u> of session. All children ages 5 and under must have a birth certificate registered with the Park and Recreation Office. This is a one-time only requirement. Mail a copy or bring one by — it will be given right back to you. <u>Registrations for participants 5 and under are not complete without a registered birth certificate.</u> If you were living in Needham when the child was born, copies are available at the Needham Town Clerk's Office in Town Hall. Park and Recreation CANNOT access the Town Clerk's records directly.

#### CREDITS/REFUNDS

The Commission has a NO REFUND policy unless the program is cancelled or there are special circumstances. In most cases, CREDITS are given and do not expire. All requests need to be submitted to Park and Recreation *in writing* to 500 Dedham Avenue, Needham, MA 02492 or to pcarey@needhamma.gov.

#### CHANGES TO REGISTRATION

To make a change in your registration, call (781)455-7550, press 3. Messages can be left when the office is closed. If space is available, changes will be made. Additional payments may be required if fees are different, due within time required by office. Credits will be given to the family account when the fee is less than original payment.

#### NON-RESIDENT REGISTRATION

Non-Residents may register the <u>Wednesday before</u> a program begins, if space is available, unless otherwise noted in brochure.

#### FINANCIAL ASSISTANCE/SCHOLARSHIPS

Available to Needham residents, only. Call (781)455-7550, press 3 for more information. *Register in person or by mail ONLY*.

#### SPECIAL NEEDS PROGRAMING

Call (781)455-7550, press 3 for questions about integration. Contact *The Charles River Center* for specialized programming for all ages at (781)972-1018.

#### TRUST FUND FOR PARKS

Make a donation on your registration form or write a separate check in honor of your favorite park. All gifts will be placed in the Trust Fund for Parks, and will be used for park improvements. Call (781) 455-7550, press 3 for more details.

#### CHILDREN'S THEATRE

#### 1:30PM on Tuesday Afternoons at the Mitchell Elementary School

Afternoon entertainment for children and their families!

Donations are accepted on site to keep concerts free for everyone!

July 7 Rick Goldin

Sing, dance, and jump along with Rick at this lively, interactive and humorous MUSICAL PROGRAM.

July 14 Jedlie Circus

Clever and uniquely hysterical MAGICIAN, CIRCUS ACT who will have everyone laughing and stopping to think at the same time!

July 23 Karen and the Jitterbugs

This "Parent's Choice" award winning CHILDREN'S MUSIC group will have the whole family moving and grooving!!

July 30 Robert Clarke

A total VARIETY MAGIC SHOW that includes awesome magic, cool juggling skills, hilarious comedy routines and tones of audience interaction.

Children's Theatre is generously funded annually by Parent Talk

# ARTS IN THE PARKS

#### 7:00PM on Thursday Evenings at the Memorial Park Gazebo

Inclement weather site—Needham High School Auditorium

Bring dinner, lawn chairs or a blanket, and enjoy the music! Ample free parking.

Donations are accepted on site to keep concerts free for everyone!

July 9 The Tom Nutile Big Band Sponsored by: Louise Condon Realty
15 piece swing band playing music of the Big Bands era!

July 16 Classic Groove

Entertaining renditions of jazz and contemporary standard.

July 23 Needham Community Band

Old-Time summer Band Concert!

July 30 Juke Joint 5 Sponsored by: Dedham Savings Bank
Down home, old school, electrifying blues.

August 6 North Country Sponsored by: Needham Exchange Club
Great country music!

August 13 4EverFab Sponsored by: Middlesex Savings Bank

The best Beatles tribute bank in Massachusetts!